

# Tuart Times



**We ExCEL**

**2024**  
**Term Three**  
**Week Ten**

*We acknowledge and pay respect to the past, present, and future traditional custodians of this boodja, the Wadjuk Noongar people, who live, love, and raise their Koolunga here. We are the Tuart mort. We honour the boodja on which we grow, play, and learn.*

Djilba Season	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Djilba is a transitional time of the year, with some very cold and clear days combining with warmer, rainy and windy days mixing with the occasional sunny day or two.</p> <p>Traditionally, the main food sources included many of the land-based grazing animals including the yongar (kangaroo), the waitj (emu) and the koomal (possum).</p> <p>Image source: <a href="#">Arts in our City - City of Stirling</a></p>				
	<p><b>HAPPY SPRING BREAK</b> Saturday 21 September to Sunday 6 October inclusive. First day of Term 4 for Teachers and Students is <b>Monday 7 October 2024.</b></p>				
Term 4 Week 1 October	7 Oct <b>NO Assembly</b>	8 <b>Ready Steady School</b> 8.30~10.30am	9 Jr Choir 7.45am <b>Uniform Shop OPEN</b> 8:15 -8:50am Tuart House	10 Sr Choir 7.45am	1
Term 4 Week 2 October	14 <b>Jnr Assembly</b>	15 <b>Ready Steady School</b> 8.30~10.30am	16 Jr Choir 7.45am <b>Uniform Shop OPEN</b> 8:15 -8:50am Tuart House	17 Sr Choir 7.45am	18
Term 4 Week 3 October	21 <b>Snr Assembly</b>	22 <b>Ready Steady School</b> 8.30~10.30am	23 Jr Choir 7.45am <b>Uniform Shop OPEN</b> 8:15 -8:50am Tuart House Year 3 Incursion Djurpin Kaakaa	24 Sr Choir 7.45am <b>Junior TALK OFF</b> School Hall 8.45~10:30am School Board 5.30 pm	25 <b>Senior TALK OFF</b> School Hall 8.45~10:30am
Term 4 Week 4 October	28 <b>Jnr Assembly</b>	29 <b>Ready Steady School</b> 8.30~10.30am	30 Jr Choir 7.45am <b>Uniform Shop OPEN</b> 8:15 -8:50am Tuart House	31 Sr Choir 7.45am	1 November <b>KABOOM! Music</b> percussion incursion K-2 10-11am 3-6 12 – 1pm
Term 4 Week 5 November	4 Nov <b>Snr Assembly</b>	5 <b>Ready Steady School</b> 8.30~10.30am	6 Jr Choir 7.45am <b>Uniform Shop OPEN</b> 8:15 -8:50am Tuart House <b>MCF Rehearsal 2 @</b> HBF Stadium <b>Water Conservation</b> Incursion Yrs 1,2,3	7 Sr Choir 7.45am <b>Water in Aboriginal Culture</b> Incursion Yrs 4,5,6 <b>MCF Rehearsal &amp; Concert</b> @ HBF Stadium 5.30 pm	8 School Development Day <b>STAFF AND STUDENTS DO NOT ATTEND</b>
Term 4 Week 6 November	11 <b>Jnr Assembly</b>	12 <b>Ready Steady School</b> 8.30~10.30am Year 6s Constitution Centre	13 Jr Choir 7.45am <b>Uniform Shop OPEN</b> 8:15 -8:50am Tuart House <b>Kindy Orientation 1 A&amp;C</b>	14 Sr Choir 7.45am Curriculum Team Meeting	15 <b>Yearbook Fundraiser</b> <b>Smartie Day</b> <b>Lapathon</b>
Term 4 Week 7 November	18 Nov <b>Snr Assembly</b>	19	20 Jr Choir 7.45am <b>Kindy Orientation 2 B&amp;D</b>	21 Sr Choir 7.45am	22
Term 4 Week 8 November	25 <b>Music Assembly</b>	26	27 Jr Choir 7.45am	38 Sr Choir 7.45am	29 <b>Osborne Park Show</b> (Jr/Sr Choirs)

**From the Principal's Desk**

**Kaya to our school community**

**Interschool Carnival**



Congratulations to our students who represented the school in the 2024 Interschool Carnival this week. Our students competed with spirit and pride, and we placed 6<sup>th</sup> overall. Here's some photos of the day for you to enjoy:



Our students competed with exceptional sportsmanship. It was super to see our parents there screaming for our team – we had a good day.

Overall results from the Carnival:

8<sup>th</sup> North Perth 7<sup>th</sup> Kyilla 6<sup>th</sup> THPS 5<sup>th</sup> Sutherland Dianella 4<sup>th</sup> Lake Gwelup 3<sup>rd</sup> Yokine 2<sup>nd</sup> West Balcatta 1<sup>st</sup> Dianella Heights



## Primary School Art Competition Thursday 19 September 2024

Our students' art filled the display room! The creative pictures on the theme of Flora and Fauna were a delight to view and attracted many positive comments of praise.

Stella was doubly thrilled to win the Principal's Best In Show Award – what a fantastic honour, Stella!

	<b>From Tuart Hill Primary School</b>
<b>Year 5</b>	The Award of Merit: Mason
	The Award of Excellence: Stella
<b>Year 6</b>	The Award of Merit: Olivia C
	The Award of Excellence: Harrison



Kind regards,  
**Beverly Innes,**

Principal, **Tuart Hill Primary School.** **We ExCEL**



### The City is encouraging residents to be "Swoop Smart" by following these safety tips:

- Stay clear of caution signs and roped off areas
- Plan alternative routes
- Dismount bikes and scooters when caution signage is present
- Do not provoke the magpies
- Supervise children and ensure they wear sunglasses and a wide brimmed hat.

### What to do if swooped?

- Immediately cover your eyes and face - avoid looking towards the bird
- Walk away calmly
- Do not run.

Please report all swooping injuries to the City on <https://stirling.my.site.com/stirling/s/request-for-maintenance> or (08) 9205 8555.

## P and C News

### TERM 3 P&C Fundraising update

It has been a very busy and successful term 3 this year and worth an update.

The P&C organised the Fathers Day Stall, the faction carnival bake sale, the 'Back to School' quiz night and the art auction.

We would like to thank the following people:

- Niki Long and her helpers for all hard work in organising the stall.
- Amanda Shelsher – for her amazing work in the art auction. The artwork all looked amazing and we are looking forward to further auctions in the future.
- The fundraising team for the enormous effort that went into the quiz night.
- All those that donated and helped assist at the bake sale.

All these events have raised a massive \$16, 500.....AMAZING!!!

Term 4 will see:

- The Lapathon raffle
- A "Dough raiser" through Domino's Pizza
- Swimming carnival bake sale.

We are in planning mode for 2025 and looking for people to jump on board and help with this. Please contact [fundraising@thpspandc.com.au](mailto:fundraising@thpspandc.com.au) if you are keen to join the team.

### Canteen Update

So far, our canteen trial has been a huge success. Staff, parents and students have overwhelmingly enjoyed the food from Locavora. Regular volunteers Di and Greg Mount-Bryson are joined by parents who sign up to help – thank you. Our Canteen cannot work without you.

📣 Canteen Volunteers Required 📣

📅 Monday to Friday

🕒 10:45am to 12 noon

✅ Sorting premade food only

✅ No experience required

☕️  BYO coffee or hot drink and make a morning of it with a friend! 👯 Sign up together, bring your partner or parent, or sign up solo and meet someone new in our amazing school community 😊

Sign Up: <https://www.signupgenius.com/go/10C0B44A8AC22A5FACE9-50163708-lunch>

Order Lunches: <https://schools.locavora.com.au/>

⚠️ Without volunteers, the canteen cannot open

A big THANK YOU to everyone who has signed up to help already 👯

If you are a parent, grandparent or carer we would love to see you in the canteen. If we fail to attract enough volunteers, we will not be able to open the canteen every day. If you love the canteen, step up and help us keep it running. The staff, students and parents really do appreciate the service. Any P&C volunteer hours can contribute towards the Centrelink Child Care Subsidy Activity Test. If you would like to spectate or have any questions email us - [enquiries@thpspandc.com.au](mailto:enquiries@thpspandc.com.au)

### The Uniform Shop





The Uniform Shop is closed for walk-ins this coming Wednesday 18 September; online orders may still be requested and will be filled as the volunteers have time. Please watch the Tuart Times Calendar for information regarding the Uniform Shop.

The uniform shop regular opening times are **each Wednesday from 8.15am to 8.50am**. The Uniform Shop is in Tuart House which is the building closest to the parking on Cape Street. Please find the 2024 Uniform Shop Price List attached to this notice and [uploaded to our Website](#).

We strongly recommend that you pre-order your needs through Quickcliq. Login as usual and on the top menu bar you will see uniforms. Click on that and then place your order.

**Eunice Chappell**, Volunteer Uniform Shop Coordinator

### Next P&C Meeting

Tuesday 18 October at the School, 5:45pm for 6:00pm start.

Attend in person or join online, the link posted on Facebook prior to the meeting.

[Want to know more about the P&C?](#)

\* Email [enquiries@thpspandc.com.au](mailto:enquiries@thpspandc.com.au)

## Community News



**TERM 4  
TUART HILL PS  
EDU-SING  
AFTER SCHOOL**

**NEW**

**CONVENIENT:** After school, at school, Tuesdays till 4:00pm  
For PP - Y3 children. Arvo tea included!

**FUN & EDUCATIONAL:** Kids absolutely LOVE our curriculum-based sessions

**AFFORDABLE:** \$150, or \$125 for subsequent siblings

**Register Now: [edu-sing.com](http://edu-sing.com)**

*Our "After School" sessions are designed for children in lower primary school, providing a dynamic and engaging musical experience beyond the regular school day. These sessions are curriculum-based and are hosted at local schools. Led by passionate Edu-Sing teachers, each session offers a blend of singing, musical games, and activities that cater to the diverse interests and energy levels of our young participants. Our after-school program is crafted to make singing and learning music a delightful and enriching adventure.*

[edu-sing.com](http://edu-sing.com) [info@edu-sing.com](mailto:info@edu-sing.com) [f EduSingAustralia](https://www.facebook.com/EduSingAustralia) [@edu\\_sing\\_australia](https://www.instagram.com/edu_sing_australia)



CALL NOW FOR A **FREE TRIAL**  
0451 172 877



grasshoppersoccer.com.au  
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https://www.facebook.com/grasshoppersoccerperth  
grasshopper\_soccer\_perth



**OUTDOOR SOCCER FUN FOR GIRLS & BOYS!**

**SOCCER FUN FOR GIRLS & BOYS AGED 2 TO 12!**  
**TERM 4, 2024 PROGRAMS**  
**PROGRAMS STARTING FROM OCTOBER 12TH 2024**  
CALL NOW TO BOOK YOUR PLACE!

GH Soccer is running programs in accordance with health and government regulations

**Mite-E Soccer (2-3yo)**  
A great introduction to Soccer! Children work with their parents to learn new soccer skills and develop their motor skills! Lots of fun games in a non-competitive environment  
**35 minute classes**  
**\$160 for 8 weeks**



**Pint Size Soccer (4-5yo)**  
Children take their first kicks in soccer! They'll be introduced to shooting, dribbling, goal keeping and more. Children get to play lots of fun, skill based games. Grasshoppers get introduced to the Pint Size 1v1 Big Game!  
**50 minute classes**  
**\$165 for 8 weeks**



**Intro to Micro (5-6yo)**  
**Micro (6-8yo)**  
The ultimate challenge for young soccer players! They'll learn the rules of the Grasshopper Soccer Big Game and develop their skills in passing, dribbling, shooting and more.  
**Intro - 60 mins \$170 for 8 weeks**  
**Micro - 75 mins \$175 for 8 weeks**



**Micro Plus (8-12yo)**  
This program focuses on skill development and teamwork in preparation for club soccer. Children will enjoy all the favourite soccer based games, fine tune their skills as well as play the Grasshopper Soccer Big Game!  
**75 minute classes**  
**\$175 for 8 weeks**



the good grocer

We're proud to be supporting our local community.

**Grasshopper SOCCER** TERM 4, 2024 - Enrolment Form  
Starting From October 12th 2024  
0451 172 877 GRASSHOPPERSOCCER.COM.AU

Please send to EMAIL perth@grasshoppersoccer.com.au

Child's Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Parent/Guardians Name: \_\_\_\_\_  
Address: \_\_\_\_\_ Suburb: \_\_\_\_\_ P/Code: \_\_\_\_\_  
Mobile: \_\_\_\_\_ School Attending: \_\_\_\_\_  
Email: \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

**TERM 4 PROGRAMS** (Please Tick)

MITE-E  (2-3 yo) PINT SIZE  (4-5 yo) INTRO TO MICRO  (5-6 yo) MICRO  (6-8 yo) MICRO PLUS  (8-12 yo)

CLASS TIMES	MITE-E	PINT SIZE	INTRO TO MICRO	MICRO	MICRO PLUS
<b>SOUTH OF THE RIVER</b> (Please circle location below and tick class above)					
APPLECROSS, GARLOCH RES- SAT	8.30-9.05am	8.30-9.20am	9.30-10.30am	9.30-10.45am	9.30-10.45am
BIBRA LAKE PRIMARY-SAT	8.30-9.05am	8.30-9.20am	9.30-10.30am	9.30-10.45am	9.30-10.45am
BYFORD PRIMARY - FRI	3.40-4.15pm	3.40-4.30pm	4.30-5.30pm	4.30-5.30pm	4.30-5.30pm
COOGE, RADONICH PARK - WED	3.40-4.15pm	3.40-4.30pm	4.30-5.30pm	4.30-5.30pm	4.30-5.30pm
COMO PRIMARY SCHOOL-SUN	9.00-9.35am	9.00-9.50am	10.00-11.00am	10.00-11.15am	10.00-11.15am
CORPUS CHRISTI COLLEGE-SUN	9.00-9.35am	9.00-9.50am	10.00-11.00am	10.00-11.15am	10.00-11.15am
FREMANTLE, TRED PARK - MON	3.40-4.15pm	3.40-4.30pm	4.30-5.30pm	4.30-5.30pm	4.30-5.30pm
JAN HAMMOND PARK, SUCCESS-SUN	8.30-9.05am	8.30-9.20am	9.30-10.30am	9.30-10.45am	9.30-10.45am
PALMYRA PRIMARY - THURS	3.40-4.15pm	3.40-4.30pm	4.30-5.30pm	4.30-5.30pm	4.30-5.30pm
PIARA WATERS, ASPRI PRIMARY-SUN	8.30-9.05am	8.30-9.20am	9.30-10.30am	10.30-11.45am	10.30-11.45am
SHELLEY PRIMARY SCHOOL-TUES	3.40-4.15pm	3.40-4.30pm	4.30-5.30pm	4.30-5.30pm	4.30-5.30pm
SOUTH FRED WINTERFOLD PNY-SAT	8.30-9.05am	8.30-9.20am	9.30-10.30am	9.30-10.45am	9.30-10.45am
THORNLE FOREST CRESCENT PNY-SAT	8.30-9.05am	8.30-9.20am	9.30-10.30am	9.30-10.45am	9.30-10.45am
<b>NORTH OF THE RIVER</b> (Please circle location below and tick class above)					
HILLCREST PRIMARY - TUESDAY	3.50-4.30pm	3.50-4.30pm	4.30-5.30pm	4.30-5.30pm	4.30-5.30pm
MORLEY PRIMARY - SATURDAY	8.30-9.05am	8.30-9.20am	9.30-10.30am	10.30-11.45am	10.30-11.45am
TUARY HILL PRIMARY- WEDNESDAY	3.50-4.30pm	3.50-4.30pm	4.30-5.30pm	4.30-5.30pm	4.30-5.30pm
<b>TERM FEE</b>	<b>\$160</b>	<b>\$165</b>	<b>\$170</b>	<b>\$175</b>	<b>\$175</b>

**PAYMENT OPTIONS:** CASH OR CREDIT CARD  
(Grasshopper Soccer has a NO REFUND Policy) Credit Card Payment (please circle) Visa Master Card

Credit Card Number \_\_\_\_\_ Expiry \_\_\_\_\_ CVV \_\_\_\_\_

ADD Grasshopper Soccer Shirt, Shorts & Hat (Enrolment Special \$70 Size (Please Circle) XXS XS S M L  
Parent/Guardian Consent: I hereby authorize Grasshopper Soccer to act on my behalf should my child require medical attention, and release Grasshopper Soccer from any legal liability incurred at Grasshopper Soccer programs.  
Photos: Photos of children attending these programs may be used for reasonable promotional purposes by Grasshopper Soccer.  
Please Tick: YES  NO

ENROLMENT SPECIAL TERM FEE TOTAL



**INGLEWOOD LITTLE ATHLETICS CENTRE**  
**Registration and Open Day**

**Saturday 5 October 2024**  
**10:00am - 1:00pm**  
**Dianella Reserve No. 3**  
(Cnr Morley & Alexander Drives)

**Sausage Sizzle**  
Come down and enjoy a free sausage sizzle on us!

**Uniform Sales**  
Our uniform shop will be open for uniform purchases

**Rego Pack Collection**  
Collect your 2024/2025 season registration packs

**Family Activities**  
Lots of family fun activities on offer!

**Chat with our Committee**  
New to athletics or unsure about joining? Returning member after some more info? Our committee will be available to answer any questions and provide info on:

- Registrations
- State qualification requirements
- Volunteering requirements
- Uniforms and equipment
- Training
- Key season dates

**REGISTER NOW!**



**TERM 4 BASKETBALL PROGRAM (YEARS 3-6)**  
**8 WEEK PROGRAM - \$140 PER CHILD**



**THURSDAYS 3PM - 4PM (OCTOBER 10 - NOVEMBER 28)**

**REGISTRATION LINK:**  
<https://www.trybooking.com/CVFWZ>

\*Pro-Rata Pricing Available For Mid-Term Enrolments



## Parenting Support

Wanslea's Children and Parenting Support is a FREE service in the City of Stirling and City of Belmont.

### Bringing Up Great Kids

A 6 week workshop for parents and carers raising children aged 0-12 years to help:

- Understand your child's behaviour and how to best support them
- Identify and communicate important messages to your child effectively

#### Term 2 - City of Stirling (Mirrabooka)

Tuesdays 9.30am - 12.30pm  
23 April to 28 May

#### Term 3 - City of Belmont (Cloverdale)

Wednesdays 9.30am - 12.30pm  
31 July to 4 September

#### Term 4 - City of Stirling (Mirrabooka)

Tuesdays 9.30am - 12.30pm  
22 October to 26 November



These workshops are run by Wanslea with support from the City of Stirling and City of Belmont.



## About our programs

### Bringing Up Great Kids:

Bringing Up Great Kids is an evidence based reflective parenting program. Foundation, Wanslea are offering this 6 week program to support parents. Bringing Up Great Kids is run in a group environment to support you to:

- Learn about your parenting style and how it can be more effective
- Identify the important messages you want to convey to the children in your home
- Learn more about brain development in children and how this influences their thoughts, feelings and behaviour
- Understand the meaning of children's behaviour
- Work out how to overcome some of the obstacles getting in the way of being the kind of parent you would like to be
- Discover ways to take care of yourself and find support when you need it.

Please ensure you are available to attend all 6 group sessions as each session builds upon the previous one. You will receive a certificate to recognise your completion of the course.

### Locations:

Term 2 & Term 4: Stirling Leisure Centres - Herb Graham, 38 Ashbury Crescent, Mirrabooka.  
Term 3: Events Room, Ruth Faulkner Library, Belmont Hub, 213 Wright Street, Cloverdale.

\*Please note these locations may change however will remain within the close vicinity and participants will be notified in advance.

Places in these workshops are limited, so please register your details via Humanitix: [events.humanitix.com/bringing-up-great-kids-workshops-term-2-2024](https://events.humanitix.com/bringing-up-great-kids-workshops-term-2-2024)

If you have any questions or would like support registering please email [cps@wanslea.org.au](mailto:cps@wanslea.org.au)

### In Home Parenting Support:

Wanslea's Children and Parenting Support service also offers an in home parenting program working with parents to

- Strengthen and enhance your relationship with your child
- Better protect your child's physical safety and well-being needs
- Support your child's growth and development through play
- Connect to networks and resources in your community
- Develop new strategies to guide your children's behaviour.

For more information about areas we work in or to refer to the program, please see our website: [www.wanslea.org.au/programs/children-and-parenting-support](http://www.wanslea.org.au/programs/children-and-parenting-support)



We have opened registrations for our Bringing Up Great Kids parenting group in Term 4. Sessions will be held on Tuesdays from 9.30am-12.30pm at the Stirling Leisure Centres (Herb Graham Recreation Centre) in Mirrabooka for 6 weeks from 22 October to 26 November 2024.

Registration is via Humanitix (see below) or contacting our email address [cps@wanslea.org.au](mailto:cps@wanslea.org.au). Please encourage them to register soon as places are limited.

<https://events.humanitix.com/bringing-up-great-kids-workshops-term-4-2024>

If you have any further questions about the group, please feel free to email ([cps@wanslea.org.au](mailto:cps@wanslea.org.au))

Please also note that our team also continue to provide in home parenting education and support to families in all suburbs of City of Stirling, City of Bayswater, City of Belmont and Town of Victoria Park. Please see our website for more information on how to refer to this service [www.wanslea.org.au/programs/children-and-parenting-support](http://www.wanslea.org.au/programs/children-and-parenting-support)

## Try Calisthenics in fourth term free!

**Carine Calisthenics Club** invites you to take advantage of our **Term 4 Free Classes offer** for 3-9 year olds\*, the only cost \$25 for Affiliation and registration! (\*Ages 10 and over are entitled to two free lessons).

Calisthenics is a versatile team sport and is perfect for all ages. Everything is taught in one class, learning skills such as dancing, gymnastics, simplified ballet, club swinging, marching and rod twisting. We are about having **fun** and meeting lots of **new friends!**

For more information and booking details, contact

**Sandra 0403 078 009** or email [carine.calisthenics@gmail.com](mailto:carine.calisthenics@gmail.com)

(Website:- [www.carinecalisthenics.com.au](http://www.carinecalisthenics.com.au))





**Excellence ♦ Care ♦ Equity ♦ Learning**

## "Better Health Program

Join other families at the free 10-week **BOUNCE Osborne Park** Better Health Program! **Hurry places are limited!**

For children aged 6-12 above a healthy weight. Participate in weekly two-hour family sessions on healthy eating, screen time, games, and physical activity.

 Online places available as soon as you are ready to join! Group starting October 7th

 Group places at BOUNCE Osborne Park - Mondays 4-6pm

 <https://betterhealthprogram.org/wa> or 1300 822 953

 FREE

Can't attend? Our **online** program runs all year round - start when suits you!

Sign up here: <https://betterhealthprogram.org/signup/>"

**Leila Mohmedi (she/her)**

*Community Engagement Officer*

*(Monday - Wednesday & Friday)*

**BETTER  
HEALTH  
CO.**

20 - 24 Bond St  
Abbotsford  
Victoria 3067

[betterhealthcompany.org](https://betterhealthcompany.org)

03 9429 4789

