



Canteen Menu



Menu as of October 2020 TERM 4

RECESS

Fruit	\$1.00
Veggie Sticks	\$1.50
Plain Pikelet (<i>Homemade</i>)	\$0.50
Fruit Pikelet	\$1.00
<i>(Pikelet, cream cheese, fruit)</i>	
Cheese & Crackers	\$1.50
Popcorn	\$0.50
Cheesie	\$1.50
<i>(Half bun topped with cheese)</i>	
Pizza Sub	\$2.00
<i>(Half bun, tomato sauce, ham, cheese)</i>	
Baked Bean Cheesie	\$2.00
<i>(Half bun, baked beans, cheese)</i>	
BBQ Chicken Sub	\$2.00
<i>(Half bun, chicken, BBQ sauce, cheese)</i>	
Banana Bread (<i>Homemade</i>)	\$1.50
Muffin (<i>Homemade</i>)	\$1.50
Cookie Various (<i>Homemade</i>)	\$0.50
Bliss Ball (<i>Homemade</i>)	\$0.50
Sweet Box	\$3.00
<i>(Muffin, 2 Bliss Balls, Pikelet, Popcorn)</i>	
Savoury Box	\$3.00
<i>(Veggie Sticks, Cheese & Crackers, Popcorn)</i>	
Yoghurt	\$2.00
<i>(Strawberry, Vanilla)</i>	
YOGO Chocolate	\$2.50

DRINKS

Golden Circle Juices 250mL	\$2.00
<i>(Apple, Tropical, Apple Blackcurrant)</i>	
Brownies Flavoured Milk 300mL	\$2.50
<i>(Chocolate, Strawberry, Banana, Spearmint)</i>	
So Good Soy Milk 250mL	\$3.00
Water 600mL	\$2.00
Milo Warm 250mL (Recess Only)	\$1.50



Traffic Light System

Green – The healthiest choice!

Amber – A sometimes choice.

Red – Off the menu!

FRESH SANDWICHES

Available Every Day

Vegemite	\$2.50
Cheese	\$3.00
Vegemite & Cheese	\$3.00
Salad	\$4.00
Ham or Chicken	\$3.00
With Salad	\$4.00
With Cheese	\$3.50
With Cheese & Tomato	\$4.00
With Cheese & Salad	\$4.50

Extra's

<i>Tomato or BBQ Sauce, Mayonnaise</i>	\$0.30
<i>Cheese</i>	\$0.50
<i>Salad</i>	\$1.00
<i>Roll</i>	\$0.50

All sandwiches are made with wholemeal bread. White bread is available on request.

TOASTED SANDWICHES

Available Every Day

Cheese	\$3.50
Cheese & Tomato	\$4.00
Cheese & Vegemite	\$3.50
Ham & Cheese	\$4.00
Ham, Cheese & Tomato	\$4.00
Chicken & Cheese	\$4.00
Hot Chicken Roll	\$5.00
Baked Bean Jaffle	\$4.00
Spaghetti Jaffle	\$4.00

Extra's

<i>Tomato or BBQ Sauce, Mayonnaise</i>	\$0.30
<i>Tomato</i>	\$0.50

All Toasties are made with wholemeal bread. White bread is available on request.

SALADS

Salad Bowl	\$4.00
<i>(Lettuce, tomato, carrot, cucumber, corn, salad dressing)</i>	
Extra's	
<i>Ham</i>	\$1.00
<i>Chicken</i>	\$1.00
<i>Egg</i>	\$1.00
<i>Cheese</i>	\$0.50
Chicken nuggets & Salad	\$5.00

DAILY SPECIALS

TUESDAY

Mrs Macs Lite'n'Up Range

Sausage Roll (max 1)	\$3.50
Cruizer Pie (max 1)	\$4.00
Beef Party Pie (max 4)	\$1.50
Tomato Sauce portion	\$0.40
BBQ Sauce portion	\$0.40
Hotdog & Sauce	\$4.00

WEDNESDAY

Cheese Pizza	\$4.50
Bacon & Cheese Pizza	\$4.50
Vegetarian Pizza	\$4.50
<i>(Capsicum, tomato, olives, onion, cheese)</i>	
Hawaiian Pizza	\$4.50
<i>(Bacon, pineapple, cheese)</i>	
BBQ Chicken Pizza	\$4.50
<i>(Chicken, BBQ sauce, cheese)</i>	

THURSDAY

Hamburger	\$5.00
<i>(Beef pattie, cheese, lettuce, tomato, cucumber, carrot, tomato sauce)</i>	
Sweet Chilli Chicken Strip Sub	\$5.00
<i>(Sweet chilli chicken tender, lettuce, tomato, cucumber, carrot, mayonnaise)</i>	

FRIDAY

Chicken Fried Rice	\$5.00
Vegetarian Fried Rice	\$5.00
Nachos	\$4.50
Chicken Nachos	\$5.50

AFTER LUNCH ITEMS

½ Icy Pole	\$0.50
Icy Pole	\$1.00
Ice Cream (Paddle Pops)	\$2.00
Froyo	\$2.50

OPENING HOURS

Tuesday to Friday

8.15am – 1.00pm

Orders can be placed at the Canteen counter between 8.15am – 9.00am (on the day)

QuickClig

Order cut-off time is 9.00am



Tuart Hill Primary School Canteen



A P&C owned & operated business.

Our canteen provides delicious and nutritious home-cooked food, at affordable prices, for your convenience every Tuesday, Wednesday, Thursday and Friday.

Late Orders

The cut-off time for all lunch orders is 9.00am. Orders placed after this time will have limited choice available. Thank you for your understanding.

Please note: We do not offer credit on lunches or other items. We cannot give change for \$50 notes, please have correct change for lunch orders and small tender for counter purchases.

Online ordering is easy with QuickCliq!

Registering to use this service is QUICK & SIMPLE! Visit www.quickcliq.com.au & follow the instructions to register your child. Once you have received email confirmation of your registration, you can add credit to your account and place all your lunch and recess orders online. For your convenience, your orders can even be placed up to 28 days in advance!

If you require any assistance with QuickCliq please contact them directly on 1300 116 637.

Lunch Wallets

Lunch wallets are an environmentally friendly alternative to paper bags, available from the canteen or uniform shop for \$10. They come in a range of colours and are washable, re-usable and sustainable.

WASCA Traffic Light System

“The **minimum** standard for all public school canteens & food services requires that at least **60%** of the menu comes from food & drink choices that are **Green**, with no more than **40%** of the menu coming from the **Amber** category. Note this minimum standard for healthy food & drink choices includes **everything** offered on the menu i.e. Recess, Lunch & after-sales items.”

WA School Canteen Association Buyers Guide, Jan 2016

Volunteering in Your School Canteen

Our School Canteen is a not-for-profit business owned and operated by our school's P&C. All profit goes directly back into the running of the canteen. Under the direction of our part-time Canteen Manager, Jodie, without our parent/carer volunteers, the canteen would cease to exist.

Volunteering in our canteen is a wonderful opportunity to meet other parents & carers in our school community. The children are so excited to see relatives lending a hand in their school during recess – their smiles alone are so worth your time!

If you can butter bread, make sandwiches and grate cheese, you are perfect for our canteen! It is not hard work and we have fun every day! All volunteers are paid in endless tea & coffee & morning tea.

Whether you're a parent, Grandparent or Relative we would love to have you in the canteen! Please feel free to stop in before school to offer your help whenever you can – even one hour of your time makes all the difference.

Menu correct at Term 4, 2020

Canteen Manager: Jodie Ross

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