



# Tuart Hill Primary School

Independent Public School

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Learning Excellence Care Equity

*Creating Bright Futures*

## Tuart Hill Primary School eNews 4 September 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 8 Term 3	7	8 Senior Choir 8 – 8.30 am	9 Challenge 7.45 – 8.30 am  School Board 5.30 – 7.00 pm Staff Room	10 Junior Choir 8 – 8.30 am  Green Team Lunch time	11 FACTION ATHLETICS @ Tuart Hill Primary School
Week 9 Term 3	14	15 Senior Choir 8 – 8.30 am	16 Challenge 7.45 – 8.30 am  Staff meeting 3.00 – 4.30 pm	17 Junior Choir 8 – 8.30 am  Green Team Lunch time	18 SENIOR Assembly 8.45 – 9.15 AM Rms 3,4,5,6,7 &21
Week 10 Term 3	21	22 Senior Choir 8 – 8.30 am Interschool Athletics @ Noranda	23 Challenge 7.45 – 8.30 am	24 Junior Choir 8 – 8.30 am  Green Team Lunch time	25 PUPIL FREE School Development Day
 <b>Term Three 2020 School Break 26 September – 11 October;</b> <b>Term Four 2020 commences for staff and students MONDAY 12 October.</b>					

**Junior Assembly Friday 4 September 2.20 ~2.50 pm**

**Junior Merit Certificate Winners 4 September 2020 – Congratulations!!**



Please see the eNews Calendar to see when your child/ren's class is having an Assembly.

Parents are welcome to attend however must observe social distancing.

If your child/ren are to receive a Merit Award you will be notified prior to the relevant Assembly 😊.

### Consolidating basic facts and developing Mathematical Reasoning through games



Número is an excellent card game that support students to develop automaticity of recall of number facts, initiates executive function through thinking ahead and planning and encourages creative problem solving. Here a group of Year Four students are enjoying learning Maths.

If you see a pack of Número cards as you stroll or scroll the shopping aisles, consider purchasing a pack for hours of fun that has a direct effect on your child's Mathematical abilities.

### Physical Education News Week 6 Term 3 2020

#### SEDA students sharing AFL skills with our students

Today our classes spent time refining their handball, marking, goal kicking accuracy and team skills under the supervision of the Senior Secondary Sports Development students and their lecturers, and our teachers. Our students developed their game skills and the SEDA students enjoyed designing lesson plans and coaching a variety of age groups.



We have important events this term that our students will be involved in. Some events are selected students only.

Week	Day and Date	Event	Year groups involved	Spectators?? Sign in please...
8	Friday 11 <sup>th</sup> September	Faction Athletics and Novelty games day – <b>all students</b>	PP-6	Limited numbers of parents are allowed inside the school grounds. Spectators must come in to the school through the Front Office to sign in and out, observe good hygiene and socially distance.
10	Tuesday 22 <sup>nd</sup> September	Interschool Athletics Carnival – Noranda Sporting Complex <i>Selected students</i>	Years 1-6	We will confirm the position all school will be taking regarding spectators for the Interschool Sports. Thank you for your patience.

#### Faction Athletics and Novelty Games Day Friday 11 September 2020

As we enter the exciting time of the year that involves Sports Carnivals, It is very important to ensure our school follows Phase Four Government rules. For our school, this interprets as collecting visitor / spectator contact details, promoting good personal hygiene and insisting on 2 metre social distancing.

Our Faction Carnival commences with a crowd on the top oval, then we disperse around the school as the students compete in various events, and we come back together at the end for the Relays and Presentations.

Based on the difficulty of actually fitting all our supporters inside our school grounds with social distancing, please decide if it is really necessary for you to attend this year. If you want to come along to support your child/ren, perhaps consider one member from each family attending at any one time.

Remember to enter the School through the Front Office, sign in, sanitise, and sign out when you leave. It is each adult's own responsibility to socially distance.

Please email our efficient and super-organised Phys Ed Specialist [cathy.connelly@education.wa.edu.au](mailto:cathy.connelly@education.wa.edu.au) if you need to clarify your child's information, and of course I am always available - [beverly.innes@education.wa.edu.au](mailto:beverly.innes@education.wa.edu.au).

**Thank you** for your ongoing positive support of our school.

#### **Canteen Sports Carnival Orders**

The canteen will be providing a special Lunch Only menu for the Sports Carnival on Friday 11 September.

The Menu and advice on how to order is attached to this eNews. Please note:

- All orders must be made online at [www.quickcliq.com.au](http://www.quickcliq.com.au)
- All orders must be made before 12pm Tuesday 8<sup>th</sup> September. NO late orders will be accepted.
- The canteen will not be open for service or ordering the day of the carnival.
- Lunch crates will be delivered to the oval at lunch.
- In the event the carnival is cancelled, your child will still receive their order as usual.
- Instructions on how to order can be found on the reverse of the carnival poster attached.

#### **Our Annual Faction Carnival Bake Sale Friday 11 September 2020**

It's also sports carnival time and the P&C will be holding their Annual Bake Sale at the Faction Carnival on Friday 11 September.

Due to COVID restrictions we ask that all donations are individually wrapped or packaged, no whole cakes. Brownies, cupcakes & slices are always popular and can be brought on the day to the Kitchen Classroom.

We will also be selling coffee, tea & cool drinks, so bring something to donate then purchase some of the beautiful home-made treats we are bound to have on offer.

Thank you for your support!





You may be aware that Thursday 10 September this year is **R U OK?** day.

THPS will be recognising this important day on **Wednesday 9 September**.

The national **R U OK?** campaign was first initiated in 2009 by Gavin Larkin, after the deep grief and unanswered questions he and his family endured due to his dad's suicide in 1995. Tragically, Gary has since lost his life due to cancer in 2011, however, his legacy lives on to help many other people through this caring initiative.

**R U OK** day is about reaching out to those around you and starting a conversation, commenting on changes you might have noticed and supporting people through their challenges. So how do you start a conversation like "R U OK"?

The [RU OK website](http://www.ruok.org.au) has many ideas and suggestions of how to check in with others.

Alternatively you might like to try the following steps:

For further ideas, the following link provides resources for a range of situations, e.g. being at work, at school, in your community and much more:

<https://www.ruok.org.au/every-day-resources>



1. Ask



2. Listen



3. Encourage action



4. Check in

We encourage everyone to wear something **yellow** on the day as a visual reminder to check in with those around you.

Finally, if you are worried someone might be suicidal, please contact **Lifeline** or call **000**.



If life is in danger  
call 000

Call 13 11 14 >  
24/7 Crisis Support

Text us >  
Offline

Chat with us >  
Offline

### Featured Family Of The Week

We know that the community spirit at Tuart Hill Primary School has always been one of the school's strengths, but that your ability to engage with each other has been impacted by Covid 19 restrictions. To help address this, Bianca and I, Aletia, the social work students currently at the school thought you might like to connect with each other through technology in the form of the school letter.

Each week, we would like to invite a different family to share something special about their culture in the weekly newsletter. Please see below some ideas of what to you might like to include in your posting:

- A photo of your family, your favourite place or thing to do as a family
- Some useful words in your first language to say: hello, thank you and goodbye
- A popular children's game in your culture
- A link to a popular children's story in your culture
- A link to a popular song in your culture
- A favourite family recipe
- The first or most helpful thing you learned about adapting to life in Australia
- Your advice to children growing up in 2020

If you would like to contribute, please get in touch with either Bianca or myself, Aletia via email or potentially informing your child's teacher.

We look forward to hearing from you and learning more about everyone here at Tuart Hill Primary school.

Kind regards

Aletia - email: [corr0075@flinders.edu.au](mailto:corr0075@flinders.edu.au)

Bianca - email: [bianca.wood@student.curtin.edu.au](mailto:bianca.wood@student.curtin.edu.au)

### Tuart Hill Students Demonstrating Excellence

Congratulations to **Claire Sharpe** – awarded fifth place in her division at the recent state-wide 2020 Rock Boulder titles. Congratulations Claire!





**Emily Collard** was selected out of hundreds of hopefuls to present on Noogar Radio this week. Emily said she was terrified and proud at the same time and it was an honour to share some of her family's culture with the community. Emily wrote about her mother's country and how learning about her family has impacted on her as a young woman.

We played Emily's story over the PA to the whole school when it went 'live' Wednesday 2 September, at 1.10 pm. Congratulations, Emily – what an experience!



### Your Move – More Ways to get to School



Our parents have noticed that our one bike rack is overflowing most days – so the P&C has arranged for two new custom-made bike/scooter racks to help our students who wish to Ride to School. Wow – Superb!! **Thank you!**

Our efforts as a school has allowed us to 'unlock' benefits for our students – soon you will see dedicated scooter racks next to the bike racks. As the weather fines up, dust off the scooter, re-fit the helmet and join your child scooting to school.

We are planning a Bike Safety event – several of our knowledgeable and enthusiastic parents will help you make sure your bike is safe, your helmet fits. You will then have a chance to practice making road-safe signals while riding then tackle the 'bike track' that we set up on our Quadrangle area outside the Hall. Sounds like fun!! You have some time to brush off your old bike that has been stored in the shed or borrow one from Grandma – even find one second hand that suits you! Start planning for safe riding to school every day you can. Also – watch out for an Active Travel Festival in Ride to School Day Wednesday 21 October 2020.

You can learn more about the Your Move program from their [website https://yourmove.org.au/](https://yourmove.org.au/)

### Final Call for Staff Recognition Award for Term 3 2020 due 3.00 pm next Monday 7 September

We are calling for nominations for the School Community **Staff Recognition Award** for Term 3 2020.

**All** staff members (including teachers, education assistants, gardeners, cleaners, office and support staff) can be nominated. The Principal is excluded from the nomination process. There is no restriction on how many people you can nominate, however please use one nomination per form.

Please return your nomination form to the box in the front office by **3.00 pm Monday 7 September 2020** or via return email – [beverly.innes@education.wa.edu.au](mailto:beverly.innes@education.wa.edu.au) .

The winner will be decided by the School Board based on merit, not necessarily the number of nominations received. The winner receives a certificate and letter of commendation, which is highly valued by the recipient.

I look forward to receiving your nomination; thank you on behalf of our staff.

### Business and Enterprise Term Three 2020

**FUNNY PET PHOTO COMPETITION**



**\$2 ENTRY FEE PER PHOTO**



**Entries due by September 9th**

*Funds raised will go towards 2020 leavers yearbook*

**(Ask your teacher or the office for an entry form)**

Adult entries welcome – separate judging from the Student entries - we would love to see your funny pet photos!!

Entry Forms are available from the front office or previous eNews emails. Entries **close next Wednesday 9 September.**

## Secondary School Opportunities



The Specialist Soccer Program at Dianella Secondary College welcomes children with a passion for soccer. We aim to develop both players and people, expanding their skills and knowledge in a friendly and welcoming environment. Participating students will work on their individual skills and techniques, team based strategies and tactics while also focusing on their personal and social skills, developing confident and respectful young leaders.

The Lower School program is open to both boys and girls of all skill levels, from which the most enthusiastic and hardworking students are selected for the Year 7 program and beyond. The overall aim of the program is for students to learn about the world's most popular game, while creating healthy habits for life, in a fun, enjoyable team based atmosphere. The program continues into Upper School where the course provides further opportunities to develop as players and become accredited coaches and referees.

For more information or to apply, please visit <http://www.dsc.wa.edu.au/specialist-soccer.html> and fill out an application form, and attend a trial on the 9 or 22 September.

## Community News

Government of Western Australia  
Child and Adolescent Health Service

Triple P  
Positive Parenting Program

### Triple P - Positive Parenting Program®

**A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.**

#### Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

#### What is involved?

- **Seminar Series** – 90-minute talks on:
  - children's behaviour – the tough part of parenting
  - raising confident children
  - raising emotionally resilient children.
- **Discussion Group** – small, 2-hour groups:
  - misbehaving
  - fighting and aggression
  - bedtime routine
  - hassle-free shopping with children.
- **Group Triple P** – 8-week parenting course.



#### Program details:

Seminar Series, Floreat All Saints Uniting Church  
Tuesday's 9.30am - 11.30am  
10th, 17th and 24th November 2020

BOOKINGS ARE ESSENTIAL  
Visit [www.healthywa.wa.gov.au/parentgroups](http://www.healthywa.wa.gov.au/parentgroups)

#### How do I book?

Ask your child health nurse or visit [healthywa.wa.gov.au/parentgroups](http://healthywa.wa.gov.au/parentgroups).



To help us all stay healthy, please remember:

- Practise physical distancing.
- Do not attend if you are feeling unwell or need to self-isolate.

If you need to cancel your booking, contact the **Child Health Booking System** on **1300 749 869** (metro only).

#### Please note:

Unless there is a crèche advertised, only babies under the age of 6 months can attend this group. However, we welcome babies who need breastfeeding during the session. **DO NOT** bring hot food and drinks for safety reasons.